



Kingston & Area Olympic Wrestling Club COVID Protocols

- Enter and exit through “Green Doors” only located on Bagot Street.
- All members must carry out “Active Pre-Screening” prior to entering the facility. There is a screening checklist available on www.oawa.ca and www.kingstonwrestling.ca web sites that can be used for this. Some copies will be available at the door, but please try to do the pre-screening prior to scheduled practices times.
- Facility is limited to 60 people to ensure 2 metre social distancing can be done by those in the facility
**exemption for athletes actively training/competing in the gym.
- Access to facility must still be controlled and traced. Clubs are required to keep a list and contact information for everyone in the facility.
- **Contact sports are a go!** Full training, including contact, is allowed.
- Please arrive wearing a mask.
- For training/competition, athletes are not required to wear masks. Masks must be worn when not actively training/competing (ie. Going to washroom, or when arriving and departing).
- Immediately after training use a disinfecting wipe prior to departure.
- Always use clean training gear.
- DO NOT ATTEND, under any circumstances, if you feel unwell. Contact the coaching staff and we can evaluate your situation.
- Spectators require approval from KWC coaching staff. There are a very limited number of distanced viewing spaces. Priority will be given to new/young athletes.